



"Medicine and Surgery in Nelson's Navy"

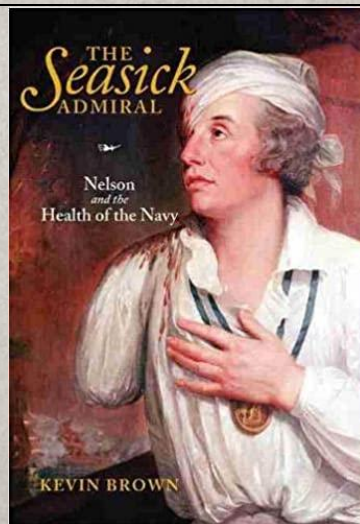
Reference books and recommended reading by Surg Cdr Peter Brinsden RN (ret'd) arising from the lecture given to Friends of Millbank on 28th February 2022. See Members Area, www.friendsofmillbank.org



'Nelson: A Medical Casebook'

Dr A-M E Hills (Spellmount, 2005, hardback; The History Press 2006, paperback)

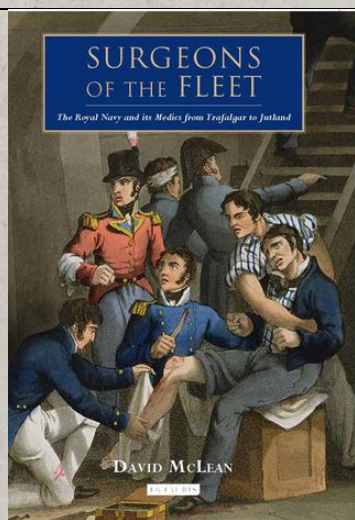
In my opinion this is the most detailed and authoritative account of Nelson's personal medical and surgical history.



'The Seasick Admiral'.

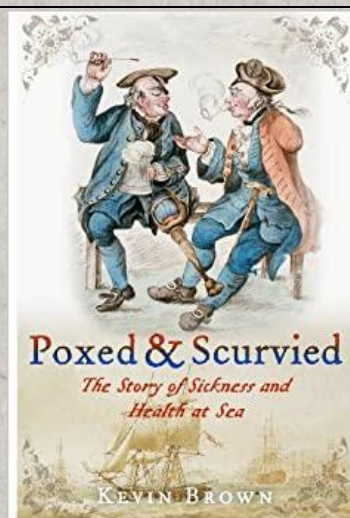
Sub-title: 'Nelson and the Health of the Navy'
Kevin Brown (Naval Institute Press, 2016)

Another detailed and authoritative account of medicine and surgery at sea, covering not just Nelson (as implied by the title) but fevers, surgery, the pox, morale, keeping the seamen healthy and naval hospitals. - A thoroughly good read.



'Surgeons of the Fleet' by David McLean (London: I.B. Tauris, 2010)

A most interesting and detailed description of "The Royal Navy and its Medics from Trafalgar to Jutland" (as described in the sub-title).

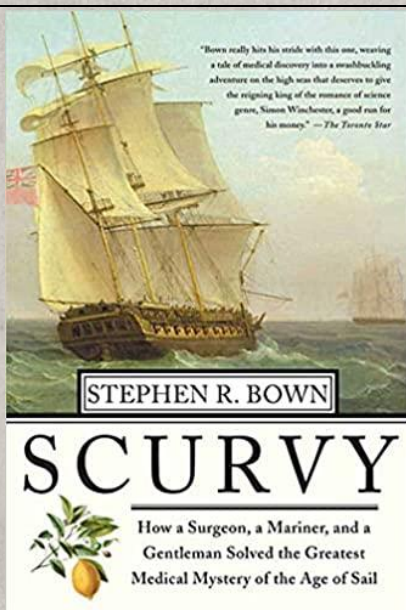


'Poxed and Scurvied' also by Kevin Brown (Seaforth & Naval Institute Press, 2011)

Another most authoritative account of naval medicine and surgery through the ages and how the developments in maritime medicine were "by far the earliest of public attempts to organise a health service" (John Keevil's 'Health of the Navy', 1957). - Strongly recommended.

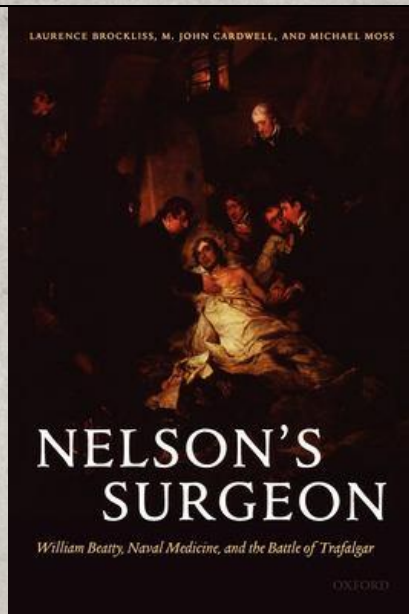


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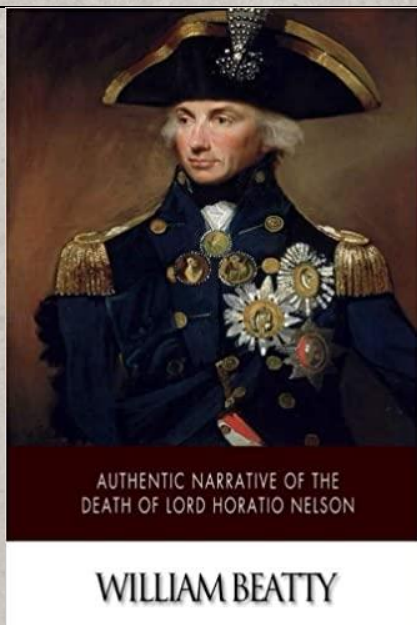
'Scurvy - How a Surgeon, a Mariner, and a Gentlemen Solved the Greatest Medical Mystery of the Age of Sail' by Stephen Bown (Griffin, 2005)

The definitive story of the history of scurvy, the scourge of maritime voyages. - A fascinating read.



'Nelson's Surgeon' by I Brockliss, J Cardwell and M Moss (Oxford University Press, 2005).

A biography of William Beatty, with an interesting description of the early years of training of a surgeon, but also of Beatty's very influential later life.



'The Death of Nelson: The Authentic Narrative' by William Beatty

(Original published 1807, my facsimile 1985)

The most authoritative and authentic narrative of Nelson's last days and death by his surgeon.

Biographies There have been several hundred biographies written on Nelson, within which are described his own medical and surgical sufferings during his lifetime, but many also tell of the care and the importance of the health of seamen during his time.

A few of the most recent ones and some earlier ones I can recommend from my library of more than 100 Nelson related books are:

'Nelson: A Dream of glory' and *'Nelson: The Sword of Albion'* by John Sugden (2014)

'Nelson the Admiral' by Colin White (2005)

'Nelson: Love and Fame' by Edgar Vincent (2003)

'Nelson: Britannia's God of War' by Andrew Lambert (2003)

'Nelson: The Immortal memory' by D Howarth and S Howarth (1988)

'Horatio Nelson' by Tom Pocock (1987)

'Nelson' by Carola Oman (1946)

'Nelson: The Public and Private Life of Horatio, Viscount Nelson' by G Lathom Browne (First published in 1891. Reprinted 1891 and 1999)

'The Life of Nelson' by Robert Southey (First published 1813. I have a 35th edition from 1911).



info@friendsofmillbank.org



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